

Reflection: If You Can See It, You Can Be It

Overview:

At the end of each module, youth will reflect on their work, and learn about real adults whose careers tie to the activities youth just completed. In Module 3, youth learned about ways their brains send signals to the rest of their bodies. To find out more about how a speech pathologist uses this information to help children speak more clearly, youth will watch *Salvador: Speech Pathologist*.

You'll Need

- Paper and pencils/markers
- Video: *Salvador: Speech Pathologist*
- Materials youth requested during the Module 1 reflection
- 1 hour

Mentor Moment

Salvador, a speech pathologist at an elementary school, works with children to train their brains to change the way they speak.

Here's How

1. Watch the video titled *Salvador*, found in the Educators page of CEREBROEDU.org, under "Role Model Videos."
2. Have youth pair up and discuss the video. What did they like? What surprised them? What questions do they still have? Have youth share their discussions with the whole group.
3. Continue the discussion with some or all of the following questions:
 - a. Have you ever gone to a speech pathologist, or do you know someone who has? How does that person help people?
 - b. Salvador speaks Spanish with his children at home, so that they can communicate with their grandparents, aunts and uncles, etc. Why might this be important? How might knowing more than one language help you in your life?
 - c. In this video, Salvador says that repeating skills helps to retrain their brains. Did you retrain your brains during the activities you have been doing? How did repeating the activities help you do them faster or better?
 - d. In addition to being a Speech Pathologist, Salvador is a parent and a firefighter. Do you like to be busy like this? How do you juggle multiple things in your life (school, sports, clubs, etc)?
4. Give youth time to work on their projects. If some youth finish early, either:
 - a. Give them time to go around and look at other projects, or
 - b. Have them help you to plan out the Fiesta de la Familia, including how to display projects, and what mentors they would like to learn from.